



Anica

This is Anica's second year as a Rider out here at Chakota, and she is truly working hard at becoming Chakota's second independent Rider!! She has amazing balance and enough gymnastics skills that she is able to do yoga positions while on her horse!! It has been quite a challenge as her instructor to come up with activities and riding positions that challenge her and her skills. She has even had the courage to try some vaulting positions while her horse is moving. And it is a joy to watch!!

One activity that she doesn't like, however, is math problems. We use flashcards for everything from adding, subtracting, multiplying and dividing! She had her mom in pure awe when she was giving us answers to multiplication in 12's and getting them right!!

Another activity that we do with Anica is to have a picnic while sitting backwards. We introduce new foods to her that she otherwise wouldn't try, all spread out on a picnic blankets over the backside of her horse. There is no walking involved at the time, it's just sitting, talking and encouraging her to try new things! It's a lot of fun, and we get her to smile a bunch!

Anica has proven to have many skills, not just horseback riding. She's been taking sewing lessons for a while now and made an apron and some oven mitts for the *Mane Event* auction last January. They had horses on them, and they turned out beautifully.

Even though Anica has only been with us two years, we look forward to many more years with her and watching her as she develops into a beautiful young lady with a lot of potential!!